



COSTA RICA OUTWARD BOUND

Multi-Element Expedition

Hike miles up majestic mountains and through exquisite cloud and rainforests surrounded by exotic plants and animals. Discover the complex ecosystem of Costa Rica. See monkeys, sloths, parrots and maybe even the endangered tepezquintle. Stay with local families in villages deep in the rainforest and get a rich taste of a different culture and lifestyle. Raft down class III/IV rapids and bike on trails that slice through dense tropical forests, rappel down waterfalls as thousands of gallons of water gush past you and glide through the trees high above the canopy floor on zip-lines. Explore isolated tropical islands and white, sandy coves while kayaking through the warm waters of the Pacific. Perform a service project before leaving that will allow you the opportunity to be actively involved in preserving the rainforest and the culture that depends upon it.