



# COSTA RICA OUTWARD BOUND

## Rainforest Expedition

Hike miles up majestic mountains and through exquisite cloud and rainforests surrounded by exotic plants and animals. Discover the complex ecosystem of Costa Rica. See monkeys, sloths, parrots and maybe even the endangered tepezquinte. Stay with local families in villages deep in the rainforest and get a rich taste of a different culture and lifestyle. Explore the summit of an active volcano, raft down class III/IV rapids and bike on trails that slice through dense tropical forests. Visit natural hot springs and glide through the trees high above the canopy floor on zip-lines. Perform a service project before leaving that will allow you the opportunity to be actively involved in preserving the rainforest and the culture that depends upon it.